

Entry Form/6 Easy Steps

\$10.00 Advance Children Entry Fee, \$12.00 Race Day
\$25.00 Advance Adult Entry Fee, \$30.00 Race Day
\$15.00 Advance Walk Entry Fee, \$18.00 Race Day
 \$20.00 Couch Potato Entry

PLEASE USE A SEPARATE ENTRY FORM FOR EACH PARTICIPANT (You may photocopy this form)



Name (print clearly)

Street

City State Zip

Phone (home) (cell)

Email (for results & future on-line registration)

Age (on race day) _____ Male Female



Children's Races—PLEASE CHECK:

- 50 yd. Dash—Age 1 and under
- 50 yd. Dash—Age 2
- 50 yd. Dash—Age 3
- 50 yd. Dash—Age 4
- 200 yd. Run—Age 5
- 200 yd. Run—Age 6
- Quarter-Mile—Age 7
- Quarter-Mile—Age 8
- Quarter-Mile—Ages 9-10
- Quarter-Mile—Ages 11-13

Adult Races/Walk— PLEASE CHECK

- Two-Mile Run
- Five-Mile Run
- Couch Potato Entry
- Two-Mile Walk (non-competitive)

Over

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Over

3 **PLEASE CHECK T-SHIRT SIZE**
YOUTH T-SHIRT
 (XS) Toddler
 (S) 6-8
 (M) 10-12
 (L) 14-16

ADULT T-SHIRT
 Small X-Large
 Medium XX-Large
 Large

4 **X**
Participant's signature, required.
(If under 18, signature of parent or guardian required.)

In consideration of your acceptance of this entry, I hereby for myself, my heirs, my executors and administrators, waive any and all rights and claims for damages I may have against the sponsor, coordinating groups, and any individuals associated with the event, the representatives, successors and assigns for any and all injuries suffered by me in connection with said event. Also, none of the above are responsible for the loss of personal items nor any other form of aggravation in connection with said event. I have been warned I must be in good health to participate in this event. In filling out this form I acknowledge that I am an amateur in such events. SRHC may also use any photographs taken during this event for marketing purposes.

5 **PLEASE ENCLOSE PAYMENT WITH ENTRY FORM MADE PAYABLE TO *Smoky Hill River Run***
Mail to: Salina Regional Health Center
Attn: Brandon Martinez 400 S. Santa Fe, Salina, KS 67401

6 **CHECK LIST:**

1. Did you print your name, address, phone and provide us with an email address?
2. Did you check which race/races you wish to compete in?
3. Did you check a t-shirt size?
4. Did you enclose your payment?
5. Did you sign your entry form? (required)

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