



Register online at
www.srhc.com/riverrun

Five-Mile & Two-Mile runners/walkers who register before race day are automatically entered into a drawing for a

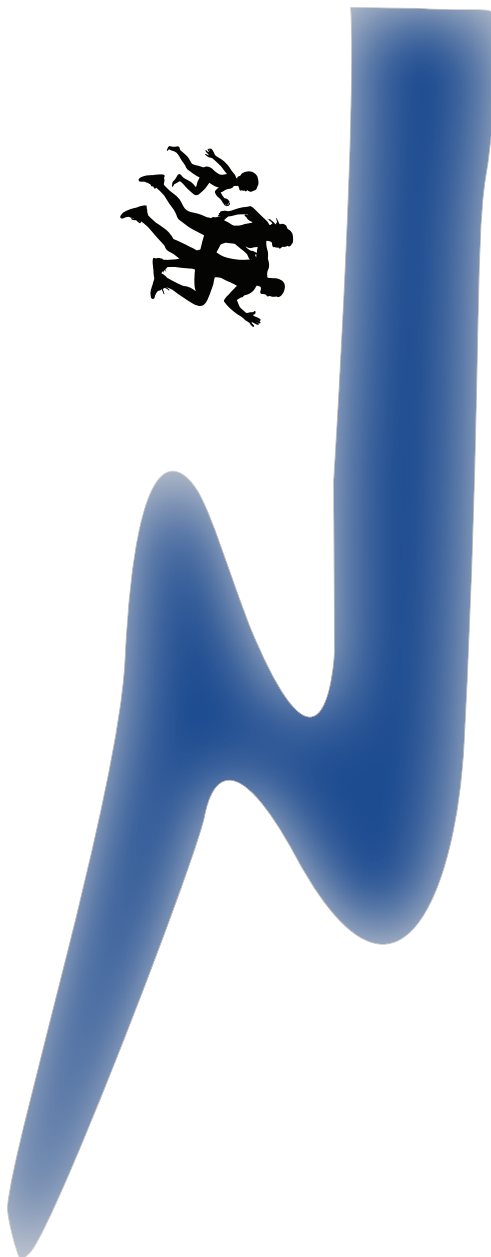
- \$250 Visa Gift Card
- \$100 Visa Gift Card
- \$50 Visa Gift Card

Children who are registered before race day are automatically entered into a drawing for a

- \$100 District Eat & Play Gift Card
- \$50 The Alley of Salina Gift Card
- \$50 AMC Movie Theatre Gift Card

Deadline to register online is Friday, June 14th at 6 p.m.

Five-Mile & Two-Mile Run/Walk registration on race day will end at 6:45 a.m. Registration for children will end at 8 a.m.



Smoky Hill River Run
400 S. Santa Fe
Salina, KS 67401



Saturday, June 15th, 2024



5-Mile & 2-Mile Races &
Children's Races (electronically timed)
Two-Mile Walk





General Information

Recommended parking is located in the south lot of the Tony's Pizza Events Center. Plenty of restroom facilities are available. The five-mile course goes through Downtown Salina and through beautiful Oakdale Park. The course is entirely concrete and fast. **No pets. Electronic devices acceptable.**

Race Headquarters

Kenwood Park Shelter House, located one block south of Tony's Pizza Events Center next to the train.



Awards

The top three finishers overall in each of the men's and women's runs will receive special Smoky Hill River Run commemorative trophies. Awards will also be given to the top three finishers in each age bracket of the men's, women's, and children's races. Each participant receives a Smoky Hill River Run t-shirt. All children's race participants will receive a participation medal. There will be no awards ceremony. Trophies and medallions will be available for distribution as soon as the final results are official. These may be collected at the shelter house.

Race Packets

Race packets may be picked up Friday, June 14th from 7 a.m. -6 p.m. prior to race day at Salina Regional Health Center Operational Services Building (Former Salina Journal Building) 4th and Mulberry Street in Salina, KS.

Packets will be available on race day at 6 a.m. in the Kenwood Park Shelter House.

Free breakfast sandwich for race participants.



Vendors

Visit with health and wellness vendors who will be giving out health tips and promotional items.

Couch Potato entries for



If you are unable to run or can't make it to the event you can register as a Couch Potato. Your registration of \$20 will go to pay for t-shirts for a Big Brother Big Sister of Salina and their little to participate together in the race of their choice on your behalf. If you are registering as a couch potato and would like a race t-shirt, they will be available for pick-up only on Friday during packet pick-up or Saturday morning during the race at Oakdale Park.

Schedule of Events

6 am - Registration open for those who did not register online. Route maps are posted by Kenwood Park Shelter House.

7 a.m. - Five-Mile Run start

7:10 a.m. - Two-Mile Run/Walk start

8:20 a.m. - Children (girls/boys) races start

50 yard dash - Ages 1 and under

50 yard dash - Age 2

50 yard dash - Age 3

50 yard dash - Age 4

200 yard run - Age 5

200 yard run - Age 6

1/4 mile run - Age 7

1/4 mile run - Age 8

1/4 mile run - Ages 9-10

1/4 mile run - Ages 11-13

All races will end near the train in Kenwood Park

\$10 Advance Children Entry Fee

\$12 Race Day Children Entry Fee

\$25 Advance Adult 2M/5M Race Entry Fee

\$30 Race Day Adult 2M/5M Race Entry Fee

\$15 Walk Entry Fee

\$18 Race Day Walk Entry Fee

Cash, card or check is accepted.

Make checks payable to: Smoky Hill River Run.

Two-Mile & Five-Mile age brackets: 11 and under

12-14

15-21

22-29

30-39

40-49

50-59

60-69

70 and older



Entry Form/6 Easy Steps

\$10.00 Advance Children Entry Fee, \$12.00 Race Day
\$25.00 Advance Adult Entry Fee, \$30.00 Race Day
\$15.00 Advance Walk Entry Fee, \$18.00 Race Day
 \$20.00 Couch Potato Entry

PLEASE USE A SEPARATE ENTRY FORM FOR EACH PARTICIPANT (You may photocopy this form)



Name (print clearly)

Street

City State Zip

Phone (home) (cell)

Email (for results & future on-line registration)

Age (on race day) _____ Male Female



Children's Races—PLEASE CHECK:

- 50 yd. Dash—Age 1 and under
- 50 yd. Dash—Age 2
- 50 yd. Dash—Age 3
- 50 yd. Dash—Age 4
- 200 yd. Run—Age 5
- 200 yd. Run—Age 6
- Quarter-Mile—Age 7
- Quarter-Mile—Age 8
- Quarter-Mile—Ages 9-10
- Quarter-Mile—Ages 11-13

Adult Races/Walk— PLEASE CHECK

- Two-Mile Run
- Five-Mile Run
- Couch Potato Entry
- Two-Mile Walk
(non-competitive)

Over

Entry Form/6 Easy Steps

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\$25.00 Advance Adult Entry Fee, \$30.00 Race Day
\$15.00 Advance Walk Entry Fee, \$18.00 Race Day
 \$20.00 Couch Potato Entry

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Name (print clearly)

Street

City State Zip

Phone (home) (cell)

Email (for results & future on-line registration)

Age (on race day) _____ Male Female



Children's Races—PLEASE CHECK:

- 50 yd. Dash—Age 1 and under
- 50 yd. Dash—Age 2
- 50 yd. Dash—Age 3
- 50 yd. Dash—Age 4
- 200 yd. Run—Age 5
- 200 yd. Run—Age 6
- Quarter-Mile—Age 7
- Quarter-Mile—Age 8
- Quarter-Mile—Ages 9-10
- Quarter-Mile—Ages 11-13

Adult Races/Walk— PLEASE CHECK

- Two-Mile Run
- Five-Mile Run
- Couch Potato Entry
- Two-Mile Walk
(non-competitive)

Over



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(non-competitive)

Over

3 PLEASE CHECK T-SHIRT SIZE
YOUTH T-SHIRT
 (XS) Toddler
 (S) 6-8
 (M) 10-12
 (L) 14-16

ADULT T-SHIRT
 Small X-Large
 Medium XX-Large
 Large

4 **X**
Participant's signature, required.
(If under 18, signature of parent or guardian required.)

In consideration of your acceptance of this entry, I hereby for myself, my heirs, my executors and administrators, waive any and all rights and claims for damages I may have against the sponsor, coordinating groups, and any individuals associated with the event, the representatives, successors and assigns for any and all injuries suffered by me in connection with said event. Also, none of the above are responsible for the loss of personal items nor any other form of aggravation in connection with said event. I have been warned I must be in good health to participate in this event. In filling out this form I acknowledge that I am an amateur in such events. SRHC may also use any photographs taken during this event for marketing purposes.

5 **PLEASE ENCLOSE PAYMENT WITH ENTRY FORM MADE PAYABLE TO Smoky Hill River Run**
Mail to: Salina Regional Health Center
Attn: Brandon Martinez 400 S. Santa Fe, Salina, KS 67401

6 **CHECK LIST:**

1. Did you print your name, address, phone and provide us with an email address?
2. Did you check which race/races you wish to compete in?
3. Did you check a t-shirt size?
4. Did you enclose your payment?
5. Did you sign your entry form? (required)

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